



**Orthopedic Surgery  
 New Patient Self Assessment Form**

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**TELL US ABOUT YOURSELF**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Phone: \_\_\_\_\_ Best time to call: \_\_\_\_\_

**PRIMARY CARE MD:** \_\_\_\_\_ **REFERRING MD:** \_\_\_\_\_

Address: \_\_\_\_\_ Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_ Phone: \_\_\_\_\_

**PRESENT HISTORY**

Chief Complaint: \_\_\_\_\_

Reason for today's visit: \_\_\_\_\_

How long have you had this problem? \_\_\_\_\_

Do you have any pain as a result of this problem?  Yes  No

If yes, on a scale of 1-10, 10 being the greatest, how would you describe this pain? \_\_\_\_\_

What makes your problem better / worse? \_\_\_\_\_  
 (lying, bending, sneezing, standing, lifting, walking, sitting, coughing) or (rest, exercise, sitting, lying down, other)

Current Limitations: \_\_\_\_\_

Current problem is the result of a(n):  Car Accident  Work Accident  Accident  Other  
 (Check all that apply)

Date of Injury: \_\_\_\_\_

Previous treatments other than surgery: \_\_\_\_\_

Previous surgery for this problem: \_\_\_\_\_

**PAST HISTORY**

Please list any prior illnesses and /or injuries:

\_\_\_\_\_  
 \_\_\_\_\_

Are you under the care of a Cardiologist:  Yes  No Name: \_\_\_\_\_

Address/Location: \_\_\_\_\_

Phone: \_\_\_\_\_

Have you ever had problems with anesthesia in the past?  Yes  No

If yes, please explain: \_\_\_\_\_





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**FAMILY HISTORY**

Is there any history in your family of \_\_\_\_\_ Gout:  No  Yes, Who? \_\_\_\_\_  
 Rheumatoid Arthritis:  No  Yes, Who? \_\_\_\_\_ Cardiac Issues:  No  Yes, Who? \_\_\_\_\_  
 Other Significant Orthopedic Problems:  No  Yes, Who? \_\_\_\_\_

**SOCIAL HISTORY**

Occupation: \_\_\_\_\_

How long have you been at your current job? \_\_\_\_\_

Marital Status:  Single  Married  Divorced  Widowed

Do you have children?  Yes  No How many? \_\_\_\_\_

Do you live alone?  Yes  No Who lives with you? \_\_\_\_\_

Do you smoke?

- Yes, I've smoked \_\_\_\_\_ packs of cigarettes per day for \_\_\_\_\_ years.
- Yes, I smoke cigars or a pipe.
- No, I have never smoked.
- No, I quit \_\_\_\_\_ years ago. At that time I was smoking \_\_\_\_\_ packs per day for \_\_\_\_\_ years.

Do you drink alcohol?

- No, never (or rarely)  No, but I used to
- Yes How Often?  Daily  1 or more times/week  1 or more times/month

Have you lost or gained more than 10 pounds in the last 3 months without trying or wanting to lose weight?  
 Yes  No

Have you had any difficulties with the following:

- |                                |  |                            |  |                  |  |
|--------------------------------|--|----------------------------|--|------------------|--|
| Eating / drinking / swallowing | <input type="checkbox"/> Yes <input type="checkbox"/> No | Getting into or out of bed | <input type="checkbox"/> Yes <input type="checkbox"/> No | History of falls | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Hygiene                        | <input type="checkbox"/> Yes <input type="checkbox"/> No | Walking                    | <input type="checkbox"/> Yes <input type="checkbox"/> No |                  |  |
| Dressing                       | <input type="checkbox"/> Yes <input type="checkbox"/> No | Toileting                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |                  |  |

Do you exercise regularly?  Yes  No

What exercise do you do? \_\_\_\_\_

How Often? \_\_\_\_\_

Is there anything that restricts you from doing the activities you want to do?  Yes  No

Have you ever felt unsafe or been afraid of anyone?  Yes  No

**PATIENT SAFETY EDUCATION**

Did you receive a copy of the We Care About Your Safety brochure?  Yes  No

Do you understand how to prevent the spread of germs?  Yes  No



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**REVIEW OF SYSTEMS**

Are you currently, or have you ever had problems with:

**HOW YOU FEEL**

Fever	Yes	No
Unexpected Weight Loss	Yes	No
Excessive Fatigue	Yes	No
Night Sweats	Yes	No
Loss of appetite	Yes	No

**YOUR EYES**

Wear Glasses or Contacts	Yes	No
Infections	Yes	No
Injuries	Yes	No

**YOUR EAR, NOSE, THROAT & MOUTH**

Wear Hearing Aids? Date of last Exam: _____	Yes	No
Hearing Loss	Yes	No
Ear Infections	Yes	No
Balance Disturbance	Yes	No
Sinus Problems	Yes	No

**YOUR HEART**

Chest Pain or Angina Date of Last EKG: _____	Yes	No
High Blood Pressure	Yes	No
Irregular Pulse	Yes	No
Heart Murmur	Yes	No
Heart Attack	Yes	No
Blood Clots	Yes	No

**YOUR LUNGS**

Asthma	Yes	No
Chronic Cough	Yes	No
Emphysema	Yes	No
Shortness of Breath	Yes	No
Bronchitis	Yes	No
Pneumonia	Yes	No
Lung Cancer	Yes	No
Tuberculosis	Yes	No
Sleep Apnea	Yes	No

**YOUR STOMACH & INTESTINES**

Nausea	Yes	No
Vomiting	Yes	No
Ulcers or Gastritis	Yes	No
Colon Cancer	Yes	No
Stomach Ulcer	Yes	No
Hepatitis	Yes	No

**YOUR KIDNEYS & URINE**

Urinary Tract Infections	Yes	No
Kidney Stones	Yes	No
Kidney Disease	Yes	No

**YOUR MUSCLES & BONES**

Broken Bones	Yes	No
List: _____		
Arm or Leg Weakness	Yes	No
Back Pain	Yes	No
Arm or Leg Pain	Yes	No
Joint Pain or Swelling / Arthritis	Yes	No
Numbness	Yes	No
Osteoporosis	Yes	No
Instability / giving way / dislocation	Yes	No
Stiffness	Yes	No
Scoliosis	Yes	No
Spinal Conditions	Yes	No

**YOUR SKIN**

Skin Cancer	Yes	No
Skin Ulcers	Yes	No

**YOUR BRAIN & NERVES**

Fainting Spells or "Blacking Out"	Yes	No
Seizures	Yes	No
Coordination in Arm and / or Legs	Yes	No
Stroke	Yes	No
Balance Problem	Yes	No
Headaches	Yes	No

**YOUR GLANDS**

Diabetes Treatment: _____	Yes	No
Thyroid Disease / Disorder	Yes	No
Hormone Problems	Yes	No

**YOUR BLOOD**

Anemia	Yes	No
Hemophilia	Yes	No
Bleeding Tendencies	Yes	No
Persistent Swollen Glands/Lymph Nodes	Yes	No
Blood Transfusion	Yes	No
If yes, when? _____		
Easy bleeding	Yes	No
Easy bruising	Yes	No
Cancer	Yes	No

**YOUR ALLERGIES & IMMUNE SYSTEM**

Inhalant (Nasal) Allergies	Yes	No
Immunologic Disorders	Yes	No

**YOUR FEELINGS**

Anxiety	Yes	No
Depression	Yes	No
Other Psychiatric Disorder	Yes	No
Treatment: _____		

I believe that my answers are correct

Sign your name and put today's date and time

I have reviewed the above information with the patient.

Physician's Name \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_

Physician's Signature \_\_\_\_\_